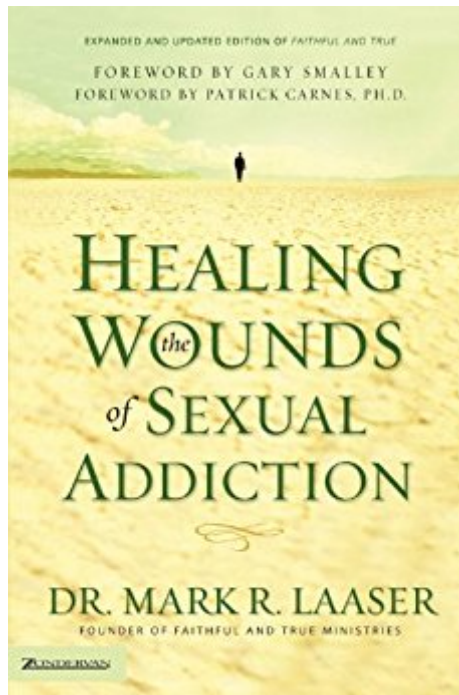




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# Healing The Wounds Of Sexual Addiction



## Synopsis

“Mark has eloquently unraveled the mystery behind addictive behavior: when our relationships are not alive and growing, the temptation for various kinds of addictions is unleashed.” —Dr. Gary Smalley

With today’s rampant availability of Internet pornography, sexual addiction has become a national epidemic that affects up to 10 percent of Christians. As devastating as any drug habit, it brings heartbreak and despair to those it entangles. But there is help for men and women caught in sexual addiction’s downward spiral. This book offers a path that leads beyond compulsive thoughts and behaviors to healing and transformation. Sensitive to the shame of sexual addiction without minimizing its sinfulness, Dr. Mark Laaser traces the roots of the problem, discusses its patterns and impact, and maps out a biblical approach to self-control and sexual integrity. Previously titled *Faithful and True*, this revision includes an all-new section that deals with sexual addiction in the church. Other important changes reflect cultural trends, incorporate current research, and place a greater emphasis on spiritual growth. This book also addresses the unique needs and issues of female sex addicts. Whether you know someone with a sexual addiction or struggle yourself, *Healing the Wounds of Sexual Addiction* points the way to understanding, wholeness, and holiness.

## Book Information

File Size: 3050 KB

Print Length: 241 pages

Simultaneous Device Usage: Up to 5 simultaneous devices, per publisher limits

Publisher: Zondervan; Revised ed. edition (May 26, 2009)

Publication Date: May 26, 2009

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B000SELG88

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #196,149 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #51

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Addiction #98 inÃ Â Books > Health, Fitness & Dieting > Addiction & Recovery > Sexual #167  
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Substance Abuse

## Customer Reviews

I've been a secular counselor/ therapist for over 30 years, and a Christian counselor for 13 years. This is the best book I have read that clearly explains addictions. It is specific to sexual addictions, but explains all addictions and successful recovery options, in an understandable way. I highly recommend it for anyone needing help with sexual addiction or any addiction. I also urge all professionals, clergy or lay counselors to read and use this book when talking and praying with anyone discussing addiction issues - clients, friends or family members.

One of the hardest groups of individuals with sex addiction are those within the Christian church. One would be astonished to know the high percentage of individuals in church suffer from addiction to pornography, and other sexual acting out. The surprise is because this problem is not an issue anyone talks about. It is okay to ask for help for addiction to drugs, alcohol, tobacco, even food, but there is tremendous fear to admit to being in the grip of sexual addiction. If the members of the congregation are too ashamed to admit their addiction, how much more so those of the clergy. Such people are the brunt of crude and cruel jokes and are chased from the church. This is what makes his book such a gem. Here is a pastor, once driven from his ministry due to his own sex addiction, a man who almost lost his family and all that was precious to him, who has the courage to take up a ministry toward Christians with sex addictions. There is particular value in reading about how to recover from sex addiction from a Christian perspective. This book goes beyond the usual "pray and believe" simplicity and digs into a real, meaningful, spiritual, day-by-day approach to mastering this insidious addiction.

Poorly written, does not cite his sources, contradicts many of his statements given on YouTube and the internet and he refers to all sex addicts when describing some of their behaviors or reasons for becoming a sex addict. Does not talk about how he made his victims feel, or what he did after his one month of treatment that got him to become completely sober after 25 years of being a sex addict. Gives too many explanations for the behaviors of sex addicts without any concrete information he acquired through research. This book is based too much on his opinion instead of

research. Not a scholarly written book.

This book will help anyone who wants to understand and heal from sexual addiction. After 32 years of marriage, I found out my husband was a sexual addict. I was so broken and have been desperate to understand my husband's behavior. Mark Laasar, a recovered sexual addict, does an excellent job of explaining how someone can become a sexual addict, and how a person can recover and heal from the wounds that caused it. I am so grateful for this resource! My husband is now reading it. My husband is in a 12-step Celebrate Recovery program and sees a counselor. As Mr. Laasar points out, there is hope, help, and healing for sexual addiction.

Best book I've read on this subject. Extremely helpful for me.

This excellent little book embeds the processes of recovery from sexual addiction in a Christian perspective, without the "sin talk" that you would expect. Laaser takes the "higher power" rhetoric of 12-step programs and makes Biblical references to grace (to overcome the feelings of despair and shame that accompany addiction) and the abiding presence of God as a companion in the journey. There is an excellent section on couples in recovery, and some good advice on getting past the first several months (when the adrenaline rush keeps you honest) and settling in for the long haul. Like most books on this topic, the emphasis is on the compulsive sexual behaviors -- anonymous sex, masturbation, pornography, multiple adulteries -- and the emphasis is on controlling the behavior and overcoming the compulsion rather than making the core changes in self-image and self-awareness that is necessary to keep the addict from displacing the compulsive sexual activity into other behaviors. That's OK -- this is a book for personal recovery, not a counselor's guide for treating an addict. I have recommended this book to several Christian friends and pastors, and more than one Jewish therapist who has appreciated the stories of overcoming temptation that are in Hebrew scriptures.

This was a multiple repeat order. Mine is all marked up with my underlines & hieroglyphic code symbols in the margins. The other copies are what I give to clients. I am a pastoral counselor and for many this is an explanation with statistics of what is out there. They are not alone - especially with clergy. It is also an understanding of how they got to this point. Speaking of the the how or the why -Also read "Why You Do The Things You Do". It factors into the this subject also and other areas from your past that are affecting your present and without addressing - your future.dk+

This book hits the nail on the head by dealing with the roots of sexual addiction and giving practical steps toward recovery. If you are ready to be free, then do the hard work of examining your childhood for any abuse or neglect, whether real or perceived, and you'll discover the lies you tell yourself to find comfort in impurity. This is where the real challenge is because we are so afraid of feeling that pain again. But I'm here to tell you that the path to healing is through the pain and discomfort of processing those experiences. Know this...emotional pain will not kill you but the addiction will. You will need help from others to do this but you can and you must do it to rid yourself of this demon. The book gives you all the info and direction to do this.

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